

World Oral Health Day is March 20th!

Join us through March as we celebrate bright and healthy smiles! World Oral Health Day is March 20, and we've created a **World Oral Health Day webpage** to help raise awareness of the connection between oral health and overall well-being.

The page is full of resources and downloadable tools for you to use and share with your patients to help them get excited and confident about good oral health.



A few of the tools include:

- 1. **Brush 2x2**. Encouragement that brushing for two minutes, twice a day, every day, is the best way to keep teeth and gums healthy.
- 2. **Clean teeth. Fresh beats.** A link to our **Delta Dental Spotify playlists**. These playlists are full of two-minute songs that patients of all ages can groove to while they brush. Patients can select from a playlist for adults, teens and children.
- 3. **Inspire the next generation.** We know good habits start early. Our **Kids Corner** includes downloadable puzzles, games, silly dad jokes and more to remind the kiddos that taking care of their smiles can be fun, too!

Join the global movement!

Help spread the word about World Oral Health Day to your patients, friends and family on social media, with hashtags **#WOHD23** and **#Brush2x2**. Follow us on **Facebook** and **Twitter**.

World Oral Health Day is an initiative of the FDI World Dental Federation, an organization that brings together the world of dentistry with the aim of achieving good oral health for everyone.

Updated fees effective Jan 1, 2023

New Premier Maximum Plan Allowances (MPA)

As a participating provider with Delta Dental of Alaska, you have the opportunity to file your fees annually via our online Electronic Fee Filing System. You can access this system by visiting **deltadentalak.com** and logging into your Benefit Tracker account.

By filing fees online, you receive immediate feedback on the fees you have updated. You can also view your current accepted fees at any time and see your next eligible date to renegotiate.

New Preferred Provider Option (PPO) Fees

The Delta Dental PPO plan utilizes a select group of dentists who have contracted with us at the preferred rate. This plan offers a higher level of reimbursement for patients who use the services of a preferred dentist. Patients covered under the PPO plan who seek services from a dentist not participating in the PPO plan typically have higher copayment amounts.

If you would like a copy of the increased 2023 PPO fees, please email dprak@deltadentalak.com.

For more information about joining the PPO network please email **AKContracting@deltadentalak.com**. We're always happy to help answer any questions you may have.

Taking advantage of direct deposit from Delta Dental!

Here are just a few examples of how direct deposit benefits you:

• Simple. Just complete our enrollment application to get started.

- **Fast.** Payments are deposited more quickly into your bank account than with mailed checks, making funds available sooner.
- **Eco-friendly.** Direct deposits cut down on the need for mailed checks and other paperwork, as well as reducing the need for bank visits.
- **Convenient.** Your electronic remittance advice and pre-treatment estimates are viewable online, and they're printable whenever you choose, reducing clutter.
- **Safe.** With direct deposit, information about your claims and payments is safely stored and viewable for you online. Avoid the headache and hassle of lost, delayed or stolen paper checks.

For more information about the benefits of EFT/ERA please click <u>here</u>. The enrollment application can be found online at **deltadentalak.com** under the provider resources tab.



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